

“Where is God When You Have a ‘Bad Day’?”

Jeremy Spence: Director of Student Ministries

First Baptist Church Hamilton

Lifeline April 19, 2006

Write down whatever thoughts, feelings, ideas, pictures come to mind while you are listening to this song, *Bad Day* by Daniel Powter.

Tonight I want to try and **answer** the question: Where is **God** when we have “Bad Days”?

Some **facts** from the Bible:

-God is **always** with us. **Hebrews 13.5**

-God is **faithful**. **Deuteronomy 7.9**

- We are **conquerors**. **Romans 8.28-39**

-God’s love cannot be taken **away** from us. **Romans 8.28-30**

-God can **handle** our honesty about our bad days. **Book of Job**

So What?

Now the question becomes: **How** should these facts **change** the way I **live** today, tomorrow, and so on?

If our **faith** cannot be used in day to day life it is **useless**. I don’t want my faith to be useless.

This is what works best for **me**. You may have other applications that work better but maybe use these as a **starting point**.

1. **Know** God’s Promises. This means **reading** the Bible.
2. **Realize** that the bad day isn’t the **end** of the world.
3. **Talk** with God about it and be **honest** with Him.
4. **Talk** things over with a good and trusted **friend**.
5. **Write** down the experience for reflection at a later time.
6. In the end learn to **trust** God. This is by far the hardest step to take.

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Big Daddy Weave - Without You

From the album *What I Was Made For*

Would we hear the sound
Of breathing in the dark
Where would be lifes spark
Without You

Would the birds every sing
Would the wind blow through the trees
Could touch the grass so green
Under this big sky so blue
With You, without You

Chorus:

And the sun doesnt shine
And my world stops spinnin round
Without You, without You
Tell me where else could I ever find
The peace that floods this heart of mine
Without You, without You

Who could fill, the emptiness inside
Who would ease the pain, in my broken heart
Who would come in and abide
Promise never to depart
Without You, without You

Chorus:

(2xs)

I cant live without You
I dont want to try to
Live one more moment without You

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