

Worry Much?!
Jeremy D. Spence-Director of Student Ministries
Lifeline January 18, 2006

Make a list of things you strive for:

Make a list of things you or people in general worry about:

What are some methods we try to use to cope with worrying?

Tonight we are going to see how the movie Signs and the Bible can teach us about worrying.

Merrill's problem, and ours, is that we take something we want and then just swing away, with that comes worry, to accomplish things.

"Felt wrong not to swing" Merrill And this has become our motto in life.

The Bible and Swinging Away

Matthew **6.19-20:**

- **Treasures** are okay, when in the **right place**.

Matthew **6.33-34:**

- God is **first**, then the rest will come.

Question now is: **So What: What am I supposed to do about that?**

- **Taste God**. Psalm 34.8
CREW events, Lifeline, Church attendance,
Bible Reading, Accepting Christ, Prayer
- **Crave** God more. 1 Peter 2.1-3
Small Groups (Sunday evening), Accountability Partners
Bible Study, Listening while praying
- **Chew** on God. Psalm 119.103
Sunday School class, extended prayer time
Bible Memorization, serving using gifts

These are three steps and plateaus that we as Christians will face while growing in the Lord. These are generalities and a gauge for you to know how you are doing in carrying out Matthew 6.19-20 and Matthew 6.33-34.

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The Bible and Swinging Away

Matthew _____:

- _____ are okay, when in the _____.

Matthew _____:

- God is _____, and then the rest will come.

Question now is: _____?

- **T** _____. Psalm 34.8
- **C** _____ God more. 1 Peter 2.1-3
- **C** _____ on God. Psalm 119.103